

1. Raise the Subject

During this step of the Brief Intervention (BI), the practitioner engages the client/patient in a discussion about the screening results. First, it is important to ask the client/patient permission to do so.

❖ **Build Rapport:**

"It's great you were able to come in today. I know it can be tough to make appointments with a busy work schedule."

❖ **Ask Permission:**

"Thank you for taking some time to fill out the screening questions that ask about alcohol and drug use. Would you mind if we spend some time reviewing your responses to the questions?"

"I know talking about alcohol and drugs can be uncomfortable, but I assure you this is a standard screening that we do with all of our patients/clients."

❖ **Confidentiality:**

"I want to emphasize that everything we talk about here is confidential, unless I feel that you are posing a danger to yourself and/or to others. Is that alright?"

❖ **If the client/patient grants permission, proceed to Step 2: Provide Feedback**

"Okay, thank you, let's review your results..."